Managerial Stress Survey

Target groups

- All employees
- i.e. industries / professions with a generally high stress level such as air traffic controllers, top-managers, teachers, surgeons, etc.
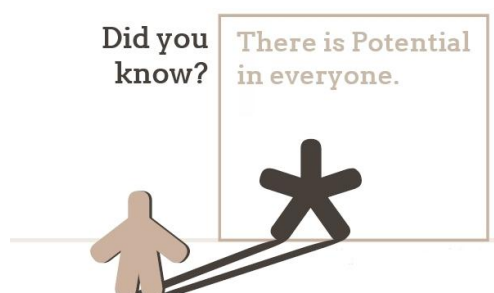
Applications

- stress –prevention, health-management
- evaluation of current stress load
- basis for support and counselling in personal and professional crisis situations
- burnout & burnout prevention
- corporate health management programmes

Available reports

- Report for the participant
- Report for the employer, for corporate support and stress-reduction measures
  (only issued if the participant gives his/her explicit consent)
- Report for medical specialists (therapist, company physician, public health officer)
  (only issued if the participant gives his/her explicit consent)

Content

- Measurement of 6 different types of professional stress:
- Influence of job environment and working conditions
- Subjectively experienced stress initiators
- Social environment / Organization / Compensation
- Symptoms of acute stress
- Symptoms of chronic stress
- Changes in personality and behavioural patterns

Did you know? | There is Potential in everyone.

No. of items:	150
Time required:	50 min.

Available Versions:
GER – NED – ENG

MSS: added value

Several factors in an individual´s occupational and/or private environment can lead to high strain and an elevated stress level. These factors tend to reinforce each other – a vicious circle which may, in the end, result in the complete loss of the ability to work. Stressors often cannot be eliminated from the job completely. However, one can learn how to deal with pressure and stress, and how to handle demanding situations positively by the implementation of MSS!
The MSS tool can be perfectly combined with DNLA Social Competence analysis. The combination of the two tools leads to a holistic view of the current situation, and the identification of interrelations between the various factors.

Fit for the job, and for life´s challenges

- with DNLA Human Resources Expert Systems!